

AARAMBH Organized Comprehensive Eye check-up camps in Government Schools

School eye health programs are crucial for safeguarding children's vision and ensuring students have the best chance to thrive. Clear vision is essential for a student's learning and overall development. It impacts students' ability to read, write, participate in sports, and directly influencing their academic performance and confidence. Untreated vision problems, such as uncorrected refractive errors (URE), can create barriers to learning and lower self-esteem, leading to frustration and behavioral issues. By addressing these challenges early through school eye health programs, children can fully engage in both academics and extracurricular activities, unlocking their full potential.

AARAMBH with the support of Sightsavers and in coordination with District Health Society, Bhopal, MP has organized Free Eye check-up camps for students in 7 Government schools of Bhopal. Through this campaign presently nine camps were organized through our Highly equipped Mobile Unit, in which 1002 students (230 boys and 772 girls) were screened by AARAMBH technical team. During the eye check-ups 453 students (101 boys and 352 girls) were prescribed with spectacle numbers and also referred to Eye hospital. Students will be provided with free spectacles.

Eye campaign is an important initiative of AARAMBH to ensure timely identification of vision problems and better eye health among students. A comprehensive school eye health programme includes health promotion and prevention activities; activities to increase awareness about eye health among children; screening, detection and treatment of common eye conditions (URE, infections, squint, etc.) in these children. Vision plays a key part in a child's development – in fact, 80 percent of a child's learning is visual. That's why our school eye health programs are giving students more than just access to spectacles or a sight-saving procedure; together we are giving students the chance to attend school, build social connections and thrive.

More than just eye care services, AARAMBH empower students to access local health services and fostering life-long healthy habits through counselling sessions. These campaigns typically involve the screening of all children in a school to identify those who may have refractive errors, such as myopia (near-sightedness) or hyperopia (farsightedness), or other vision problems. Some other benefits of school eye screening programs include: Early detection of vision problems, Increased access to eye care services and Improved health outcomes.



